

The G.R.I.T Calgary Society

Volume # 7

Number 8

April 6th, 2009

DATES TO REMEMBER

Welcome to April

We hope everyone had a great
Spring break!
The next three months will be busy
with fieldtrips, IPP updates,
assessments and hopefully sunny
days for outside play.

Have a great month!!

Tuesday April 6th
DS Meeting

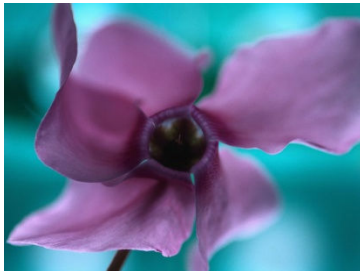
Wednesday April 7th
Program Resumes

Tuesday May 4th
DS Meeting

Friday May 7th
Zoo Field Trip

Monday May 24th
Victoria Day – no program

Tuesday June 1st
DS Meeting



Too often we underestimate the power of a touch, a smile,
a kind word, a listening ear,
an honest compliment, or the smallest act of caring,
all of which have the potential to turn a life around.

*Leo Buscaglia

Fundraising News

Annual G.R.I.T Calgary Walk'n'Roll

The time has come to start planning G.R.I.T Calgary's Annual Walk'n'Roll and Family Picnic.

This fun filled event will take place at Edworthy Park on Saturday June 5th. At this time the Walk'n'Roll committee is seeking donations of food, beverages and prizes for the event as well as volunteers to help with the event. As the event draws closer each family will be given a brochure detailing the event and a pledge sheet allowing your family the opportunity to collect pledges and help G.R.I.T raise money to aid in the enhancement of the G.R.I.T program.

If you have any questions regarding this event
Please contact Annette at 215-2444 (ext 225)

Pinebrook Golf and Country Club - Charity Pro-Am

We are very fortunate to have been chosen once again by the Pinebrook Golf and Country Club as their Charity for their upcoming Charity Pro-Am.

This great fundraising event will be held August 18th and 19th.

At this time GRIT is asking for your assistance by informing Annette Eckel of any possible hole sponsors or donors for the Silent Auction. Information package will be available shortly for distribution.

Please contact Annette Eckel at the GRIT office with any questions.

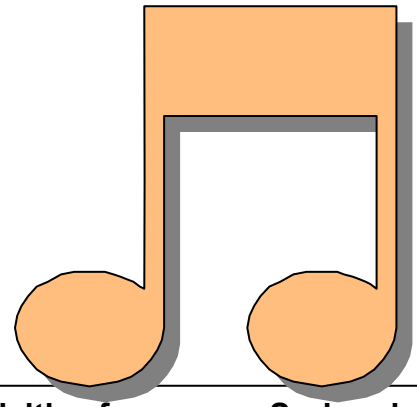
It is hard to believe but planning for the 2010-2011 G.R.I.T. year will be underway shortly. As you are all aware fundraising endeavors for the next couple of years will not only focus on raising funds for program enhancement but a large portion of fundraising will be put forward to our building fund.

G.R.I.T. is very excited to be raising money for our own building.

A variety of fundraisers will take place throughout the year and we value the support of these events from our families, friends and staff members. If you are able to help through volunteering at events or seeking donations for these events, please contact Annette Eckel at 403-215-2444 ext 225.

The G.R.I.T. Calgary Society would like to thank everyone who made this years fundraising events so successful.

April Activities



Eensy Weensy Raindrops

Some eensy weensy raindrops are falling in the sky.

They are filling up the puddles and dropping in my eye.

Drip, drip and drop, drop

I love to hear them fall

For eensy weensy raindrops mean wet fun for all of us.

My Umbrella

(sung to I'm a Little Teapot)

Here's my new umbrella,

Wide and high.

It keeps me cozy, warm and dry.

If the rain starts falling from the sky,

I'll just open it up and I'll stay dry.

Outside Activities for a warm Spring day!

- Taking a spring nature walk (looking for signs of spring)
- Blowing bubbles
- Flying kites
- Planting seeds
- Going on a Scavenger Hunt-don't forget to look high, look low, look under. Look down, look over)
- Catching bugs
- Digging for worms

Little Rice Krispie Nests:

Use your favourite Rice Krispie recipe. Mold little nests out of the Rice Krispie treat mixture (just let it cool a little before molding with your hands.) Muffin tins work great as well! Fill the nest with a few jelly beans and add a marshmallow Chick (PEEP) for a great spring treat.

Puddles:

Make pretend puddles using cardboard and aluminum foil. Make them assorted sizes. Cut out the puddle shapes from the cardboard and cover them with aluminum foil. Use them for music and movement. Have the children jump over the puddle, walk around the puddle, play musical puddles etc.

Dirt Cups:

2 cups milk

1pkg. instant chocolate pudding

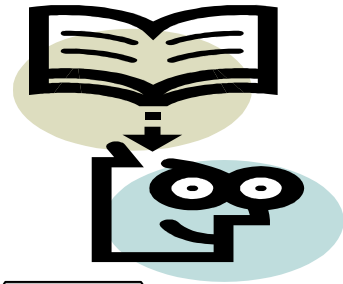
3 ½ cups Cool Whip

16 Oz Oreo

Gummy Worms and Plastic Flowers (optional)

Pour milk into a medium bowl, add pudding mix. Beat until well blended, 1-2 minutes. Let stand 5 minutes. Crush Oreo cookies. Stir in cool whip to pudding mixture and half the crushed cookies. Fill cups about ¾ full with the pudding mixture. Top with remaining crumbs. Optional garnish: place a flower in the middle and put gummy worm halfway out of the "dirt."

Info Board



Grad Photo Reminder

If your child is graduating from GRIT this year
Please pass photos to Annette by April 30th.

Child (**1 young, 1 current**)

Child and Family

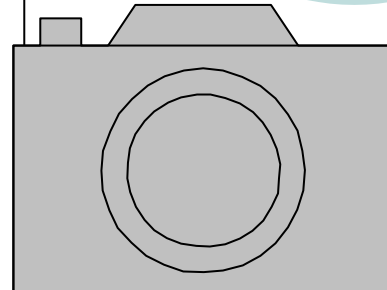
Child and DS

Assorted pictures of the children involved in
activities

Pictures can be emailed or saved to a disk

Email: gritcal@telus.net

Attention: Annette Eckel



Returning Equipment and Materials

Now is a great time to take inventory of the materials and equipment that your children have been using from GRIT. If you are no longer using something please return it to the GRIT office with the name of the Therapist who lent it out to you on a sticky note.

Thank you!

If you have anything you would like to have added to this monthly newsletter please contact Annette Eckel at the office (ext 225).

Your ideas and suggestions are greatly appreciated.

Have a great month!

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