

The G.R.I.T Calgary Society

Volume # 7

Number 6

February 2nd 2010

Welcome to the month of February!

We are all hoping that the Groundhog does not see his shadow, an early spring would be really nice!

GRIT Calgary's Winter's Charm Gala is quickly approaching, a big Thank You to everyone who has helped out with the planning of this event.

Have a great month!



DATES TO REMEMBER

Tuesday Feb 2nd
DS Meeting

Monday Feb 15th
Family Day –No Program

Friday Feb 27th
Gala Set-Up (10:30am)
(Pinebrook Golf and Country Club)

Saturday Feb 27th
Winter's Charm Gala
(Pinebrook Golf and Country Club)

Tuesday March 2nd
DS Meeting

**Thursday March 11th &
Friday March 12th**
GRIT Conference
Jayman Master Built Centre

March 27th – April 6th
Spring Break

Tuesday April 6th
DS Meeting

A Heart for Children

“One hundred years from now it will not matter what kind of car I drove, what kind of house I lived in, how much I had in the bank, nor what my clothes looked like.
One hundred years from now it will not matter what kind of school I attended, what kind of computer I used, how many ‘things’ I have acquired, but the world may be.....a little better becauseI was important in the life of a child.”

Fundraising News

Winter's Charm Gala Saturday Feb 21st, 2009

The Winter's Charm Gala will take place on Saturday February 27th, 2010 at the Pinebrook Golf and Country Club. The evening will include a buffet dinner, silent auction and several raffles.

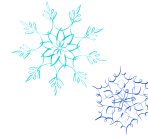
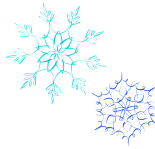
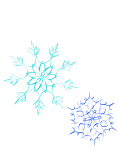
Tickets are \$100.00/person and are now available.

We are still in need of items for our Silent Auction if you or anyone you know could donate items to the Silent Auction please contact Annette at the office. Any donation, any size/value, etc would be greatly appreciated. Some ideas of items we have had donated in the past include: tickets to the Flames/Hitmen, gift cards for anything, electronics, merchandise from companies with their logos/advertising, hotel stays, jewelry, etc.

Please help us in raising money for our new building. As you know we are in desperate need for a larger facility where we can meet the diverse needs of our children and their programs.

A HUGE THANK YOU to everyone who has helped with the collection of donations and the organization of the evening.

It is sure to be a wonderful evening.



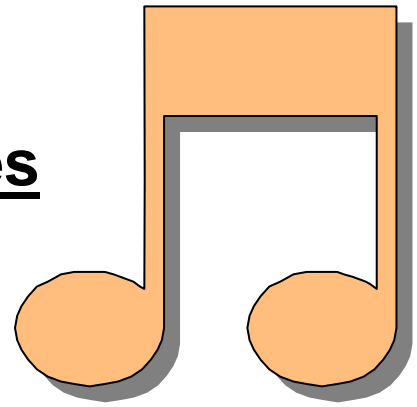
Canadian Tire Money

GRIT Calgary is collecting Canadian Tire Money. If you would like to donate your Canadian Tire Money please pass it on to your Developmental Specialist. We will be collecting this money throughout the year. All money collected will be used at Canadian Tire to purchase materials for the GRIT program.

As you know Fundraising for G.R.I.T Calgary Society is a very important addition to our program. All money raised from any event this year will be put into trust for our "new" building fund and program enhancement.

We value the support from our families, friends and staff members. If you are able to help by volunteering hours for any fundraising effort please contact Annette at the GRIT office.

February Activities



My Valentine Heart

When I say I love you
(point to lips)
It comes from my heart
(hand on heart)
You hear it in your ear
(point to ear)
And it sounds very smart
(point to head)
I love it when you're proud of me
(stand very tall)
You say it all day long
(stretch arms wide)
And when I hear you say it
(point to ear)
My heart sings a merry song
(hand on heart)

H-E-A-R-T

Tune: Bingo

There is a shape and it means
love and HEART is its name.
H-E-A-R-T, H-E-A-R-T, H-E-A-R-T.
And HEART is its name!
Continue signing the song,
leaving out a letter on each repeat
and use a clap in place of the
letter.

Puffy Hearts:

Mix together Elmer's glue, shaving cream and red tempera paint. Let the children fingerpaint then cut out heart shapes and you will then have pretty puffy hearts.

Heart Rubbings:

Cut out different sizes of hearts from sandpaper. Tape hearts to the table and lay a sheet of white paper over the hearts. Using a crayon lightly rub over the hearts, making a pattern on the paper.

Heart Mouse:

Cut a large heart shape from construction paper. Glue a small length of yarn for a tail at the top of the heart but let it hang off the heart. Fold in half like a teardrop. Stuff with cotton. Glue the edges of heart shut all around. Tail should be hanging out. Cut a small heart for his ears. Fold heart in half. Glue on rounded part of big heart so they form an ear on each side. Add whiskers, eyes and a little pink nose.

Instant Ice Cream

1 pint sized zip-loc bag
1 gallon sized zip-loc bag
1tbsp sugar
½ cup milk
6 tbsp salt
¼ tsp vanilla

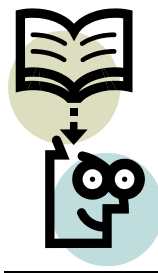
Fill the gallon- sized half full with ice. Add salt and seal the bag.

Put milk, vanilla and sugar into the pint sized bag and seal.

Place the small bag inside the large one and seal again.

Have the child shake until mixture becomes ice-cream. Approx 5 minutes.

Open carefully and enjoy



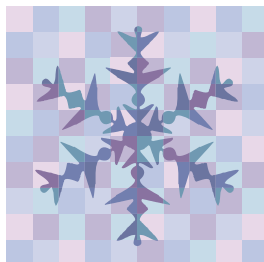
Info Board

Annual GRIT Calgary Society Conference

Thursday March 11th: 9:00am – 3:00pm
Friday March 12th: 9:00am – 12:00pm

This years conference will be held at the Jayman Master Built Theatre.

Brochures will be sent out to all families shortly. If you have any questions please contact Paula Christos at 215-2444.



If you have anything you would like to have added to this monthly newsletter please contact Annette Eckel at the office (ext 225). Your ideas and suggestions are greatly appreciated.

Have a great month!

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