

The G.R.I.T Calgary Society

Volume # 6

Number 1

September 7, 2009



Welcome!

The staff at G.R.I.T. Calgary would like to welcome you to the start of a new year! We hope all of you had a great summer and are looking forward to a rewarding year with us. As G.R.I.T Calgary begins its 15th year we look forward to working with some very special families.

It is now time to set new goals, meet new friends and strive towards a very rewarding year.

Have a great month!!

DATES TO REMEMBER

Monday Sept 7th
Labour Day (no program)

Tuesday Sept 8th
Program Resumes

Tuesday Oct. 6th
DS Meeting (no program)

Monday Oct. 12th
Thanksgiving Day (no program)

Dear Big Person,

I'm a toddler; I'm just starting to learn many things. I search and check everything within my reach and often beyond. I am curious, too curious at times. I declare my independence, often quite loudly. I know I can do it all by myself.

But please stay close.

I need you there, to help keep me from hurting myself when I am too curious. I need you to encourage me, and allow me to try to do it myself, and to help when I can't or when I get frustrated. I need you to show me other helpful ways of doing things when they are a little tough for me.

I need you to hug and cuddle me.

If I do something you don't like, tell me! Show me a better way.

Please don't reject me. Please be patient. I have really only been in this world a short while. The world and its way are still very, very new to me!!

Love, A little person

Fundraising News

Fundraising for the G.R.I.T Calgary Society is a very important addition to the program.

This year Fundraising will not only focus on raising funds for program enhancement but a large portion of fundraising will be put forward to our building fund.

G.R.I.T. is very excited to be raising money for our own building.

A variety of fundraisers will take place throughout the year and we value the support of these events from our families, friends and staff members. If you are able to help through volunteering at events or seeking donations for these events, please contact Annette Eckel at 403-215-2444 ext 225.

Upcoming Fundraising Events

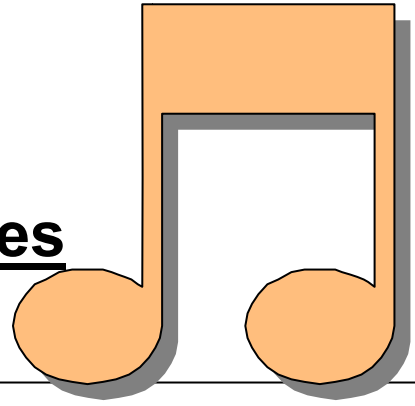
G.R.I.T. Calgary Casino – November 27th and 28th Deerfoot Inn and Casino. I am looking for volunteers for both the day and evening shifts. Please contact Annette for further information.

Winter's Charm Fundraising Gala will be held Saturday February 27th 2010 at the Pinebrook Golf and Country Club.

Canadian Tire Money

GRIT Calgary is collecting Canadian Tire Money. If you would like to donate your Canadian Tire Money please pass it on to your Developmental Specialist. All money collected will be used at Canadian Tire to purchase materials and equipment for the GRIT program throughout the year.

September Activities



HAVE YOU EVER SEEN AN APPLE?

Have you ever seen an apple, an apple, an apple?
Have you ever seen an apple, that grows on a tree?
A red one, a yellow one, a red one, a yellow one.
Have you ever seen an apple, that grows on a tree?
Have you ever had an apple, an apple, an apple?
Have you ever had an apple and heard it go crunch?



THE LEAVES ARE FALLING DOWN

(The Farmer in the Dell)

The leaves are falling down, the leaves are falling down.
School is here and Fall is near.
The leaves are falling down.

The leaves are falling down, the leaves are falling down.
Some are red and some are brown,
The leaves are falling down.

The leaves are falling down, the leaves are falling down.
They tickle your nose and touch your toes,
The leaves are falling down.

Playdough:

3 cups flour
2 cups salt
3 TBSP. Oil
1 TBSP Cream of Tarter
2-3 Cups Boiled Water
Food Coloring or pkg of Kool-Aid (great scent)

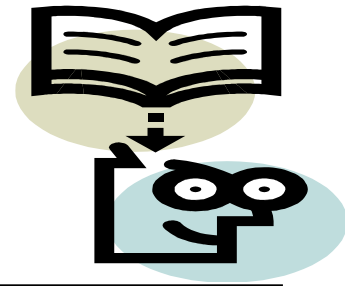
Mix all ingredients thoroughly and store in an airtight container.

Crayon Cars:

Supplies and Materials: crayons, large type miniature cars, masking tape, and white paper

To make crayon cars: Stand a crayon in the front or back of the car. Wind a piece of tape around the car several times, so the crayon is firmly attached. Repeat this with a couple of cars.

Give the child the crayon cars and have them draw roads on the paper, the longer the paper the better the outcome.



Info Board

AUGMENTATIVE PRESCHOOL SIGN LANGUAGE CLASSES

This is a fun and informal class designed for families, friends, staff and professionals who want to use augmentative sign language to communicate with individuals who utilize this communication system. Participants will learn a base of preschool sign language and an understanding of how to support communication development with signs.

Classes will start Tuesday October 20th, and run for 4 consecutive Tuesdays

The classes will run from 7:00-9:00pm

Please call Teresa for details and registration at
403.215.2444 ext 205

Materials Needed

The Occupational Therapists are looking for old phone books to be used to make assorted sizes of foot rests. Please give them to your Developmental Specialist to bring into the office.

Thank you!

Evenings and Weekend Respite

If you are looking for Respite for your children please contact Kim Suvanto (ext 226) or Annette Eckel (ext 225)

We will then pass on your information to interested Developmental Specialists.

If you have anything you would like to have added to this monthly newsletter please contact Annette Eckel at the office (ext 225).

Your ideas and suggestions are greatly appreciated.

Have a great month!

G.R.I.T Calgary Society

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Please check us out on the WEB

www.gritcalgarysociety.com